

ADMINISTRATIVE CIRCULAR NO. 2
Office of School Site Support

SAN DIEGO CITY SCHOOLS

Date: August 10, 2005

To: Principals, Grades 9-12

Subject: Required Health/Life Skills Instruction and Training Grades 9-12

Department and/or Persons Concerned: Principals of Grades 9-12, Acting Assistant Superintendents

Due Date: None

Reference: None

Action Requested: Implement Required Health/Life Skills Instruction Grades 9-12

Brief Explanation:

Required Health/Life Skills Instruction Grades 9-12 is outlined below. Completion of the instruction partially fulfills state mandates and Coordinated Compliance Review requirements. Principals (sites) will continue to identify teachers of existing courses to teach the required instruction in grades 9-12.

Grade Level	Instruction	# of Hours	Mandates	Contacts
9	HIV Prevention Instruction	1 hour	Ed Code 51202; SB71	Health (619) 725-7123
9	Tobacco Use Prevention	3 hours	DP 6298; Ed Code 51202; 51203; CCR**	Life Skills (858) 627-7447
9	Grade 9 Life Skills	6 hours	DP 6298; Ed Code 51202; 51203; CCR**	Life Skills (858) 627-7447
10	Sex Education/Drawing the Line*	10 hours	Ed Code 51553; SB71	Health (619) 725-7123
11	HIV Prevention Instruction*	1 hour	Ed Code 51202; SB71	Health (619) 725-7123 Life Skills (858) 627-7447
11	Tobacco Use Prevention*	1 hour	DP 6298; Ed Code 51202; 51203; CCR**	Life Skills (858) 627-7447
11	Substance Use and Violence Prevention*	5 hours	DP 6298; Ed Code 51202; 51203; CCR**	Life Skills (858) 627-7447
12	HIV Prevention Instruction	1 hour	Ed Code 51202; SB71	Health (619) 725-7123 Life Skills (858) 627-7447
12	Substance Use and Violence Prevention	1 hour	DP 6298; Ed Code 51202; 51203; CCR**	Life Skills (858) 627-7447

Sex Education/Drawing the Line can be implemented in grade 11 instead of grade 10.

*If a site chooses to implement sex education in grade 11, the three 11th grade lessons should be moved to grade 10.

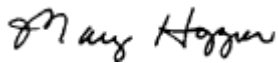
**Coordinated Compliance Review (CCR) requires that an LEA provide a minimum 6 hours (per grade) of age appropriate, developmentally based education programs for all students, preschool through Grade 12 on prevention of drug, alcohol and tobacco use and of violence. This includes the instruction listed above plus supplementary school activities, which meet requirements.

Training and demonstration lessons are available as well as assistance with the implementation of the required health/life skills instruction. If you have questions, please contact Earlene Dunbar in Counseling and Guidance at (858) 627-7447 and/or Bruce Ward in PE/Health/and Athletics at (619) 725-7126.

Bruce Ward
Director Physical Education
Health and Interscholastic Athletics

Stacy Jones
Executive Director
Student Services

APPROVED:



Mary Hopper
Interim Chief Administrative Officer

BW:nv

Attachments

Distribution: Lists A, H, J and Special

San Diego City Schools
Health/Life Skills Education

MANDATES

PROGRAM	SECTION
Child Abuse Reporting	District Procedure 6370 Education Code 44010 Penal Code 11166, 11172 (d) W & I Code 300, 318, 602
Health Education Grades K-12	District Procedure 6298 Education Codes 4100, 44806, 51202; 51203, 51210, 51260, 8850.5
Family Life/Sex Education	Senate Bill 71 or Education Codes 51890, 51202, 51210
HIV/AIDS Prevention Education	Senate Bill 71 or Education Code 51202
HIV/AIDS Training for Teachers	Senate Bill 71 or Education Code 51229.8
Sexually Transmitted Diseases	Senate Bill 71 or Education Code 51202, 51890
Comprehensive Health Program	Education Code 51881-Legislative declaration and intent.
Elementary Health Education	Education Code 51210-Areas of Study
Staff Inservice on Blood-Borne SDPD Speakers' Bureau: School/Law Enforcement Partnership	Pathogens (Annual)- Cal OSHA Education Codes 32262, 51202
Domestic Violence: Instruction in Personal and Public Health and Safety	Education Code 51202
Dr. Botvin's Life Skills Training	Education Code 51202, 51203, 51260
Tobacco Use Prevention	District Procedure 6298, Education Code 51202, 51203, 51260
Early Intervention Substance Abuse	Board Policy/District Procedure 6298

Special list of schools for Administrative Circular on the Required Health/Life Skills Instruction for Grades 9-12:

Charter Schools

Albert Einstein Academy
Audeo
Chlr. Wm. McGill School of Success
Charter School of San Diego
Cortez Hill Academy
Darnall E-Campus
Explorer Elementary
H. Tubman Village
High Tech High
High Tech High International
High Tech Middle
Holly Drive Leadership Academy
King/Chavez
KIPP Adelante Prep. Academy
Learning Choice Academy
Memorial Academy
Museum
Nubia Leadership Academy
O'Farrell Community
Preuss
P.R.I.D.E.
Promise
SD Cooperative
Southern CA Connections Academy