

ADMINISTRATIVE CIRCULAR NO. 1
Office of School Site Support

SAN DIEGO CITY SCHOOLS

Date: August 10, 2005

To: Principals, Grades 6-8

Subject: Required Health/Life Skills Instruction and Training Grades 6-8

Department and/or Persons Concerned: Principals of Grades 6-8, Acting Assistant Superintendents

Due Date: None

Reference: Administrative Circular No. 36 (September 25, 2000)

Action Requested: Implement Required Health/Life Skills Instruction at Middle Level (6-8)

Brief Explanation:

Required Health/Life Skills Instruction Grades 6-8 is outlined below. Completion of the instruction partially fulfills state mandates and Coordinated Compliance Review requirements. Principals (sites) will continue to identify teachers of existing courses to teach the required instruction in grades 6-8.

Grade Level	Instruction	# of Hours	Mandates	Contacts
6	Botvin's Life Skills Training	15 hours	Ed Code 51202; 51203; 51260; CCR*	Life Skills (858) 627-7447
6	Family Life Education	10 hours	DP 4188; Ed Code 51933; 51935	Health (619) 725-7123
7	Botvin's Life Skills Training	10 hours	Ed Code 51202; 51203; 51260; CCR*	Life Skills (858) 627-7447
8	Botvin's Life Skills Training	5 hours	Ed Code 51202; 51203; 51260; CCR*	Life Skills (858) 627-7447
8	Middle School Sexuality Education	10 hours	DP 4188; Ed Code 51933; 51934; 51935; CCR**	Health (619) 725-7123

Training and demonstration lessons are available as well as assistance with the implementation of the required health/life skills instruction. If you have questions, please contact Earlene Dunbar in Counseling and Guidance at (858) 627-7447 and/or Bruce Ward in PE/Health and Athletics at (619) 725-7126.

*Coordinated Compliance Review (CCR) requires that an LEA provide a minimum 6 hours (per grade) of age-appropriate, developmentally based education programs for all students, preschool through Grade 12 on prevention of drug, alcohol and tobacco use and of violence. This includes the instruction listed above plus supplementary school activities, which meet requirements.

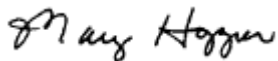
**Coordinated Compliance Review (CCR) requires that a LEA ensure that students receive HIV/AIDS instruction at least once in the middle grades and once in high school.

Coordinated Compliance Review (CCR) also requires County offices of Education and school districts cooperatively plan and conduct in-service training to all teachers and school employees who provide AIDS prevention instruction.

Bruce Ward
Director Physical Education
Health and Interscholastic Athletics

Stacy Jones
Executive Director
Student Services

APPROVED:



Mary Hopper
Interim Chief Administrative Officer

SJ:BW:nv

Distribution: Lists B, D, and E