

Sample Meeting Agenda #2 (Already Have a SWC)

School Wellness Committee Meeting

Welcome and Introductions

- Establish start and end times
- Have everyone in the group share their name, role, and why they are involved in the SWC

Who are we and why are we here?

- A School Wellness Committee is a group of individuals from the school and community acting in collaboration to identify concerns, set priorities and design solutions in regard to the health environment in the school. We will act collectively to implement all aspects of the Healthy Schools Program.

Functions & Benefits of a School Wellness Committee

Overview of the Healthy School Program

Assessing our School Wellness Committee

- Does it make sense to use our current committee to steer the Healthy Schools Program efforts?
- Do we have the right members on the current committee? Are there additional people we should invite?
- Will our current committee need to shift the way that it operates to accommodate leading the Healthy Schools Program?
- Review meeting schedule, group norms and decision-making process

Healthy Schools Assessment

- Review purpose of assessment and how to complete
- Assign sections as appropriate, set due date and designate who will collect responses

Next Steps and Closure