

MEMORANDUM

To: Principals  
From: Cindy Marten  
Date: October 5, 2017  
Subject: Board Policy 5030 Student Wellness/Policy Implementation

In the summer of 2017, the Board of Education took another step towards fulfilling our vision of having a quality school in every neighborhood by approving the revision of our District Wellness Policy (BP 5030 Student Wellness, formerly H-7700.)

San Diego Unified remains committed to providing an environment where students and staff can learn to make healthy choices for lifelong well-being. We acknowledge the strong relationship between students’ health and learning, and that the district’s mission cannot be accomplished without explicitly planning for and supporting student health and wellness. The Board of Education realizes wellness is a cornerstone of student success.

The District Wellness Council, in collaboration with our Nursing & Wellness Department, will continue providing support and guidance along the path to implementation.

The following is required, in accordance with our state and federal requirements:

**School Year 2017-18 and Beyond:**

**LEAs are required to designate one or more school officials to ensure that each school complies with the District Wellness Policy.**

<b>June</b>	Principal training takes place during Principals’ Operational Day
<b>August</b>	Principal appoints a School Wellness Lead thru the <i>Online School Contacts Form</i> ( <a href="https://www.sandiegounified.org/special-procedures">https://www.sandiegounified.org/special-procedures</a> )
<b>October</b>	School Wellness Lead attends <i>orientation</i> with District Wellness Council and community partners. Annual orientation is required for all school wellness leads.
<b>November</b>	Principal forms <i>School Wellness Committee</i> (standalone meeting or embedded within existing meeting)

<b>December</b>	Committee completes <i>Assessment</i> of school wellness policy implementation
<b>February</b>	Committee develops <i>Action Plan</i> to increase school's wellness policy implementation, based on results of assessment. Action plan submitted (District Wellness Supervisor – Nursing & Wellness) for inclusion into the <i>Single Plan for Student Achievement</i> .
<b>March – May</b>	Implementation of school's action plan to increase wellness policy implementation
<b>May</b>	Committee submits <i>Annual Report</i> to District Wellness Council
<b>July</b>	District Wellness Council provides public update on wellness implementation

We are grateful to our School Wellness Leads & Committees valuable contributions to student and staff health & well-being through the District Wellness Initiative.

This month, we will be formally recognizing all school sites that submitted 100% of wellness deliverables (committee formation, policy assessment, action plan & annual report) in the 2016-17 school year.

For questions, please contact Nursing & Wellness Department by phone at 619-725-5501 or [kmcdevitt@sandi.net](mailto:kmcdevitt@sandi.net).